



Paediatricians and psychiatrists

For children & adolescents in Perth & WA - including ADHD, autism and mental health pathways



Updated February 2026 | Western Australia



hi,
i'm pia.

I know how stressful it can be when your child needs help, but every paediatrician you call is fully booked for months or even years.

That's why I've created this list of Perth paediatricians and psychiatrists.

My goal is simple: to save you hours of phone calls, reduce the overwhelm, and help your child get the support they need sooner.

Because when your child is struggling, you shouldn't have to wait years for answers or for help.

♥ Pia

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PAEDIATRICIAN & PSYCHIATRIST DIRECTORY

Contact details for Western Australian paediatricians and child and adolescent psychiatrists.

Start here.

Many families come to this guide after months (or years) of trying to get help and being told waitlists are full. This page is designed to help you work out who your child actually needs to see, so you can avoid unnecessary delays and focus your energy where it matters most.

What is your main concern right now?


If you are seeking ADHD diagnosis and medication

You will usually need to see a paediatrician or child and adolescent psychiatrist.

In Western Australia:

- ADHD medication can only be initiated by a paediatrician, psychiatrist or neurologist
- Psychologists can assess ADHD but cannot prescribe medication
- Once a child is stable on medication, families can move to shared care with their GP.


This is why paediatrician and psychiatrist waitlists for ADHD are particularly long.

 If medication is part of what you are seeking, this directory will help you identify clinicians who assess and manage ADHD.

If you are seeking an autism assessment


You **do not always need to see a paediatrician**. Many autism assessments are completed by:

- Clinical psychologists
- Multidisciplinary teams (e.g. clinical psychologist + speech pathologist)

 Diagnostic requirements differ between systems (e.g. NDIS and the Department of Education). Check requirements early to ensure your chosen assessment pathway meets your intended support needs.

A paediatrician may be helpful if:


- Your child has complex medical needs
- You are also seeking ADHD medication
- You would like a broader medical or developmental review

 Your GP can help guide which pathway is most appropriate for your child.

If your child is under 6 years of age

You may be able to access support without a diagnosis.

In Western Australia, the Early Childhood Approach supports young children with developmental delay or disability and their families. This pathway can help you access early intervention while you wait for specialist appointments (or without needing one at all).

 **If your main concern is mental health**


GPs can initiate medications for anxiety and depression, although not every GP is comfortable in doing so for a child or teenager without specialist input.

For concerns such as:

- Anxiety
- Depression
- Trauma
- Eating disorders

Your GP may recommend referral to a child and adolescent psychiatrist, particularly if medication or school-based funding is being considered.

Psychiatrists have additional training in mental health and may be required for certain diagnoses or funding pathways.

 **If learning or school difficulties are your main concern**

Some conditions do not require diagnosis by a paediatrician, including:

- Dyslexia
- Dysgraphia
- Dyscalculia
- Some language and learning difficulties

Assessment by a psychologist, occupational therapist or speech pathologist may be the most appropriate and timely first step.

Your GP is your key partner

No matter which pathway you take, your GP plays a central role in:

- Referrals and triage
- Ruling out medical factors (e.g. iron deficiency, thyroid issues, hearing or vision concerns)
- Supporting your child and family while you wait

Booking a long appointment and bringing a clear summary of concerns can make a big difference.

A gentle reminder

You do not need to wait for a diagnosis to start supporting your child. Many families begin allied health support, school accommodations and parent education and coaching while they wait for specialist appointments.

This guide is here to help you make informed decisions, reduce unnecessary delays, and find the right support for your child as early as possible.

This guide is shared by families, schools, allied health professionals and medical practices across Western Australia and is updated regularly to reflect current availability and referral pathways.

Why waitlists are long (and what the government is doing)

Child Development Service

Within the public system, the government provides a free (government funded) Child Development Service (CDS) that includes developmental paediatrician services. Families can find information about referral to this service at [CAHS | Child and Adolescent Health Service - Referral information](#) or by contacting CDS directly on 1300 551 827.

There continues to be an increasing demand for developmental services, including developmental paediatrician services, across both the public and private sectors and this has led to long waiting times for services. The increase in demand is not unique to WA but reflective of an issue across Australia, New Zealand and many other countries.

CDS continues to prioritise children based on clinical need and age at referral to the service.

Your GP

It may be helpful for a family to make an appointment with their GP to discuss their concerns for their child, including any sleep, diet or mental health concerns and whether a Mental Health Treatment Plan or Chronic Diseases Management Plan would be of benefit in helping provide access to relevant allied health services, such as occupational therapy or psychology support.

CDS continues to work with GP colleagues following changes to stimulant regulations in WA. The service is also involved in supporting the system which will allow for some trained GPs to diagnose ADHD.

Currently, once children are stable on medication, shared-care between CDS Paediatricians and GPs can occur. This means families can seek prescriptions from GPs between their 12 month Paediatrician reviews, provided there is no change in medication dose or type.

School

For school-age children, early implementation of supports in the classroom environment is valuable. If not already in place, it may be helpful for a family to liaise with their child's teacher to develop an Individual Education Plan for their child and discuss whether involvement of the school psychologist would be appropriate.

Online Resources

CDS has launched some new resources for families which may be helpful. These are available on the CAHS website [CAHS | Child and Adolescent Health Service - Child Development Service](#)

The Child and Adolescent Health Service's [Kids Health Matters](#) podcast also includes useful information on common concerns affecting families today - everything from sleep and the important support your child health nurse can offer through the early years of a child's life, to managing food allergies, the risks of vaping, ADHD and strategies to support a young person through depression or a mental health crisis.

Families seeking information about ADHD may find online resources such as the following useful:

- [ADHD: children & teens | Raising Children Network](#)
- [Kids Health Info : ADHD - ways to help children at school and home](#)
- [Australian Evidence-Based Clinical Practice ADHD Guideline](#)
- [ADHD-Factsheet-How-is-ADHD-treated.pdf](#)
- [ADHD WA - Resources](#)
- [ADHD WA - Educators](#)

Thank you to the WA Department of Health's Child and Adolescent Community Health team for providing this update.

You do not need a diagnosis to start supporting your child.

Wait times to see specialists can be long. While this is incredibly hard there are supports you can put in place while you wait.

If your child is under 6 years.

Children younger than 6 do not need a diagnosis to get support through the early childhood approach where there are concerns about their development.

The [Early Childhood Approach \(ECA\)](#) helps children younger than 6 with developmental delay or children younger than 9 with disability and their families to access the right support when they need it. Many families access ECA support while also remaining on specialist waitlists.

[Wanslea](#) is the provider of the early childhood approach in Western Australia and it is a phenomenal program with incredible staff.

The ECA practitioners at Wanslea are all professionals who have trained in early childhood development.

That means you are likely talking to someone with a background as a speechie, OT or other. So they get how important early access to support is and can provide information and guidance to connect you with the services that are available.

Many of the practitioners are working in this area due to their lived experiences with their own children or siblings. They are OUR people.

So as overwhelming and scary as the NDIS may sound - you are dealing with amazingly dedicated and passionate Western Australians who want to help you ensure your child reaches their potential.

If you have any questions about your eligibility, please contact Wanslea:

📞 1300 969 645

✉️ ndis@wanslea.org.au

Access School Psychologists.

All Western Australian public schools have access to a school psychologist, who support student learning through direct, indirect, and system services.

Direct services can include assessment, case formulation, and intervention targeted toward, and with, individual and cohorts of students.

As part of this process, school psychologists will determine when psychological assessment is required for diagnostic purposes whilst school intervention occurs, and either conduct the assessment themselves or refer students to specialised services.

Consider screening tools.

Screening tools are a starting point, not a diagnosis. They can be useful to help collate your thoughts and concerns and provide additional information when you do visit your GP or specialist.


Useful screening tools include:

[PsychProfiler Screening Tool](#)

Screens for 20 of the most common psychiatric and neurodevelopmental conditions in children and adults including ADHD, Specific Learning Disorders, anxiety and autism. The cost is \$5 per use and you can purchase multiple copies if you would like to ask your child's teacher to complete a survey too.

[AUSPELD Next Steps Screening Tool](#)

Helps parents determine if their school-aged child would benefit from targeted literacy or numeracy intervention and/or formal assessment.



"Bring some distractions for when you want to discuss more difficult aspects of their development or mental health and you can't leave them outside the room. An iPad and headphones or colouring in."

DR ANDREW LEECH

Your GP is your key partner.

Your GP is the key person who can help you navigate the medical system and access support.

If you haven't found someone you and your child click with, then this is the single most important thing you can do.

The Garden Family Medical Centre General Practitioner Dr. Andrew Leech suggests asking the receptionist which GP has a special interest in ADHD or who tends to see children.

Get a quality referral.

Paediatricians prefer a GP referral to be sent through before they can add you to their waitlist. They use the information on the referral to triage (prioritise) the referral based on urgency of need.

It is always better to get a referral from a GP who knows your child and who sees you regularly as they can provide relevant information in the referral letter.

Go long.

Book a long appointment with your GP to request the referral. This will allow more time to discuss your concerns and for your GP to prepare a more comprehensive referral

"It might take us a while to get to know you and your family but we can help. One consultation is never enough. Find a GP who listens to you and allows your child time to talk. This helps your child feel validated," Dr Leech says.

"Help the GP understand how it affects you or your child by giving some examples of day-to-day life at home and school. GPs can also do a physical health check, order blood tests or refer for hearing, vision or sleep studies."

They may be able to offer you simultaneous referrals for allied health, paediatrician, hearing and vision testing and Early Childhood Approach (if under 6 years for developmental delay or 9 for permanent, lifelong disability).

Provide the info they need.

I've been sent a lot of referrals that say "Mum is concerned child has ADHD/ASD" – and that's it. **Referrals are triaged based on urgency. Clear information helps your child to be prioritised appropriately.**

GPs are under huge time pressure. Families, you can help out by collating a summary of concerns to go along with your referral that provides input into the clinic's triage process.

Dr Leech recommends bringing to the GP appointment a letter from the teacher with an update, a recent school report, NAPLAN results if applicable and your own letter summarising what it is like at home with examples.

A written summary is also super helpful if your child is in the room and there are things you would like to discuss with your GP that you would rather little ears didn't hear.

The following information can also be helpful to accompany your referral:

- Family structure
- Previous developmental milestones
- Past medical history
- Previous interventions and response e.g. occupational therapy
- Any supplements or medications
- Any school supports in place
- Copy of latest school report or summary of any concerns that may have been raised by the school
- If the GP is willing to be a co-prescriber of medications (especially ADHD stimulant medications)
- Copy of Family Court orders (if relevant).

Ask your GP about support.

Ask your GP about **funding and supports** that are available as goodness me, it all adds up. Not only financially, but the additional stress can be really tough for you as a parent and on your family or relationship.

"I like to see parents or caregivers one-to-one to discuss more difficult issues going on for them. Parents need their own support," said Dr Leech.

Ask about whether a **Better Access to Mental Health plan** may be suitable for your child or for you to help support your own mental health. In a calendar year, you could receive psychological therapy services up to the combined limit of 10 individual services and 10 group services such as a group therapy program run by a psychologist, social worker or an occupational therapist.

Other supports and sources of funding include the **Chronic Disease GP Management Plans** for chronic medical conditions that have been or are likely to be present for at least six months. This includes asthma, musculoskeletal conditions and diabetes.

To be eligible the patient must be managed by the GP along with at least two other collaborating health or care providers.

There is also an [eating disorder treatment and management plan](#) that provides up to 40 psychological treatment services and 20 dietetics consultations.

In March 2023 the age of eligibility to receive Medicare rebates for a **Complex Neurodevelopmental Disorder** or Eligible Disability was lifted from under 13 to under 25. Individuals with a Complex Neurodevelopmental Disorder can get Medicare benefits for assessment, diagnosis and a treatment or management plan.

ADHD assessments and medication in Western Australia

Many families use this guide because they are seeking an ADHD assessment, often due to challenges at school, at home, or socially and because medication is being considered.

In Western Australia, ADHD assessment and treatment works differently to some other states, which is why access to paediatricians and child and adolescent psychiatrists can feel particularly difficult.

Who can diagnose ADHD?

ADHD can be assessed by a range of professionals, including psychologists, paediatricians and psychiatrists. However, what you are hoping to achieve through assessment matters.

- Psychologists can assess ADHD and provide a diagnosis
- Paediatricians and child and adolescent psychiatrists can diagnose ADHD and prescribe medication

If medication is likely to be part of your child's treatment plan, a paediatrician or psychiatrist will be required at some point.

ADHD medication in Western Australia

In WA:

- Stimulant ADHD medication can only be initiated by a paediatrician, child and adolescent psychiatrist or neurologist
- GPs cannot start stimulant medication
- Once a child is stable on medication, some families move to a shared care arrangement with their GP.

Because of these regulations, demand for clinicians who assess and manage ADHD is extremely high, and waitlists are often long. This is a system-wide issue and not a reflection of your child's needs or urgency.

While you are waiting

It is important to know that you do not need to wait for an ADHD diagnosis to begin supporting your child.

Many families start with:

- Psychology support (emotional regulation, anxiety, behaviour and executive functioning)
- Occupational therapy (attention, sensory processing and daily functioning)
- School adjustments and learning supports
- Parent education or ADHD coaching

These supports can be beneficial regardless of whether medication is ultimately recommended.

ADHD and autism often co-occur

ADHD and autism frequently occur together.

Some children:

- Are first identified as having ADHD, with autistic traits recognised later
- Are diagnosed with autism first, with ADHD becoming more apparent over time
- Meet criteria for both from the outset

Because of this overlap, assessment pathways may evolve over time, and a multidisciplinary approach is often helpful.

This guide includes clinicians who assess ADHD, autism, or both, and notes where practices provide assessment only versus ongoing management.

Choosing the right pathway

Seeing a paediatrician or psychiatrist can be an important step but it is not always the first or only step.

Your GP can help you consider:

- Whether medication is likely to be needed in the short to medium term
- Whether psychology or allied health support should begin first
- Whether autism, learning differences, anxiety or trauma should also be explored
- The goal is not just diagnosis, but meaningful, timely support for your child and family.

You need a GP referral to see a paediatrician, psychiatrist or neurologist.
Please do not phone clinics to enquire if they are accepting referrals - they cannot assess if they are the appropriate clinic for you by a phone enquiry.
If you do call, please be patient and polite.

BOOK A LONG GP APPOINTMENT

- Your GP will be your key partner in future management regardless of the paediatrician or psychiatrist you will ultimately see
- Book with a GP who knows your family well and can provide ongoing support
- Request a long appointment
- You may need a second appointment

CREATE A SHORTLIST OF PAEDIATRICIANS

- Visit the website for the WA government-provided (free) [Metro Child Development Service](#) (or if you're in the country, the [WA Country Health Service](#)) to check out their referral requirements. You can choose to self refer to CDS or ask a Child Health Nurse, teacher or GP to refer you.
- Visit the websites of private paediatricians (which are listed later in this guide) and check if they use specific referral form/s or have any specific requirements for referrals so you can advise your GP

COLLATE INFORMATION FOR YOUR GP

- See page 6 for ideas on what to bring to your appointment

VISIT YOUR GP

- Discuss your concerns (see page 8 for some tips)
- Discuss any **potential co-existing conditions** such as anxiety, poor sleep, or Specific Learning Disorders and if they need to be addressed
- Check if a **paediatrician referral is actually required**
- **Rule out any other health, vision or hearing concerns** (some conditions can present similarly to make ADHD symptoms worse such as anaemia, thyroid disease, hearing or vision impairment)
- Discuss **referral to allied health** for your child e.g. psychology, OT, speech
- Discuss **parenting and/or sibling support programs**
- Discuss **mental health, relationship and family support**
- Ask what **interim support is available for you, your child and family** (you could be waiting up to 3 years)
- **Book regular follow up appointments with your GP** - school holidays can be a good opportunity to check in
- If a referral is provided, email your referral or submit via website depending on practice requirements (usually listed on website)

Mental Health.

If you intend to apply for additional funding and support at school for a **severe mental health disorder** such as an anxiety disorder - then diagnosis by a child and adolescent psychiatrist may be required.

The Western Australian Department of Education previously published eligibility requirements that required:

- a letter of diagnosis from a child and adolescent psychiatrist
- a statement from the child and adolescent mental health practitioner who is providing active ongoing treatment.

A **temporary resource could be provided for students awaiting assessment** by a child and adolescent psychiatrist pending an assessment by the Lead School Psychologist and evidence confirming a psychiatric appointment had been made.

Unfortunately, the eligibility requirements have been removed from the Department's website with the direction to ask your school for guidance on applying for disability funding.

Support at school.

In meeting their obligations under the Disability Discrimination Act 1992 and Disability Standards for Education 2005, Western Australian public schools make reasonable teaching and learning adjustments for students with a diverse range of learning needs, including those with diagnosed and undiagnosed learning disorders.

You can request a letter stating that you are on a waitlist to see a paediatrician / psychiatrist and provide this to your school to support interim accommodations or an application for an **Individual Disability Allocation (IDA)**.

Families often find schools are just as bewildered as parents about what can and can't be funded. It can pay to seek clarification or a second opinion.

Ask your school if your child requires an **individual education plan (IEP)**. Most children who require a lot of changes to their education program or their environment will need one and it also ensures the school receives a budget allocation for your child under the student-centred funding model.

Ask what accommodations can be provided for NAPLAN and other assessments.

Ask your school if your child will be included in the **Nationally Consistent Collection of Data on School Students With Disability (NCCD) census**.

All schools are required to complete the Nationally Consistent Collection of Data on School Students with Disability (NCCD) annually.

The NCCD process supports schools to understand the teaching and learning adjustments required by students and to develop plans that respond to student learning needs.

When implementing adjustments, school staff are expected to work closely with students, their families, as well as other agencies as needed.

They have access to a range of professional learning, resources, and supports for students with SLDs, including specialist advice and consultancy from the Department's of Education's School Psychology Service, Schools of Special Educational Needs (SSEND), and Speech and Language Outreach Service.

Look into schooling options that support students with additional needs.

The Department of Education's [Language Development Schools and Centres](#) provide specialist early intervention programs for children in the early years of schooling who have a speech and language impairment.

Language Development Centres (LDCs) provide specialised language support for students with a primary diagnosis of Developmental Language Disorder. LDCs support students from Kindergarten to Year 2, offering small class sizes and a multi-disciplinary system.

Also look into [Autism Early Intervention Centres](#) and [Education Support Centres and Schools](#).

TSH run a small school at their Wembley campus. They host playgroup sessions and Kindy and Pre-Primary programs that are attended 1-2 days per week, while the student attends their local school on the remaining days.

The class sizes are tiny with a maximum of 13 students and they have such great support with a highly trained teacher leading the group and support by education assistants and speech pathologists, occupational therapists to run small group sessions.

The Chatterbox and Talkabout programs are best suited for children with a speech and language delay or disorder from 18 months to 6 years. You do not need a referral to attend.

Students graduate from the part time program with the aim of being full time at their local school by year one. If you have funding through the Early Childhood Approach you may be able to use this towards the costs.

Join & learn.

Find a support organisation and/or group for your concerns and learn as much as you can.

Often there are people who are a few steps ahead of you who can give real-time recommendations on what has helped for their child/children. Many run support groups, workshops and training for members and parents.

Organisations to check out include:

[Carers WA](#)

Support for unpaid carers supporting a family member with a disability, mental health challenge, long-term health condition. Services include peer support groups, career coaching, practical support packages, emergency respite, counselling and online supports.

[Kiind](#)

Kiind supports families raising children living with disability, developmental delay, autism, genetic, rare, undiagnosed and/or chronic conditions. They provide practical guidance, information and support. Their free peer navigator sessions help you navigate the supports and services that are out there, including access to government funding.

The informal sessions are one-on-ones led by Peer Navigators with lived experience of raising a child with disability or developmental delay. Membership is free and open to all families in WA - including families of children with ADHD and autism.

[Developmental Disability WA](#)

Support for families with intellectual or other developmental disability. You'll find lots of really useful resources and a free individual advocacy service if you are having trouble getting the supports and services you need for your child at school or in the hospital.

Support does not need to wait for a diagnosis

Many families begin allied health support, school accommodations and parent education and coaching while they wait for specialist appointments. Here are just a few of the practitioners you can find on [Perth Kids Hub](#) who can support your child and family. No referral is required for allied health services.



DIETITIANS

Paediatric dietitians support children with fussy eating, growth concerns, food allergies, intolerances, feeding difficulties, and special dietary needs.



EX PHYS

Paediatric exercise physiologists support children's fitness, strength, motor skills, and chronic condition management through tailored, fun, and developmentally appropriate exercise programs.



OTS

Paediatric occupational therapists (OTs) assist children with motor skills, sensory processing, daily tasks, and emotional regulation to promote independence and development.



ADHD COACHES

ADHD coaches help children build focus, organisation, time management, and emotional regulation skills to boost confidence and succeed in daily life.



SPEECHIES

Paediatric speech pathologists support children with support children with speech, language, communication, social skills, and feeding difficulties to enhance learning and development.



PSYCHOLOGISTS

Psychologists support children with emotions, behaviour, anxiety, trauma, and learning challenges to improve wellbeing, resilience, and mental health.



PHYSIOS

Paediatric physiotherapists help children with movement, strength, coordination, and physical development to improve mobility, function, and participation in daily activities.



PLAY THERAPISTS

Play therapists help children express emotions, process trauma, build coping skills, and improve behaviour through therapeutic play in a safe environment.

Paediatricians & Psychiatrists

Availability can change quickly. Always check clinic websites and referral instructions.



[availability updates](#)

Click on the buttons to jump to:

[Joondalup, Karrinyup & North of the River](#)

[Perth CBD & Western Suburbs](#)

[Fremantle and South of the River](#)

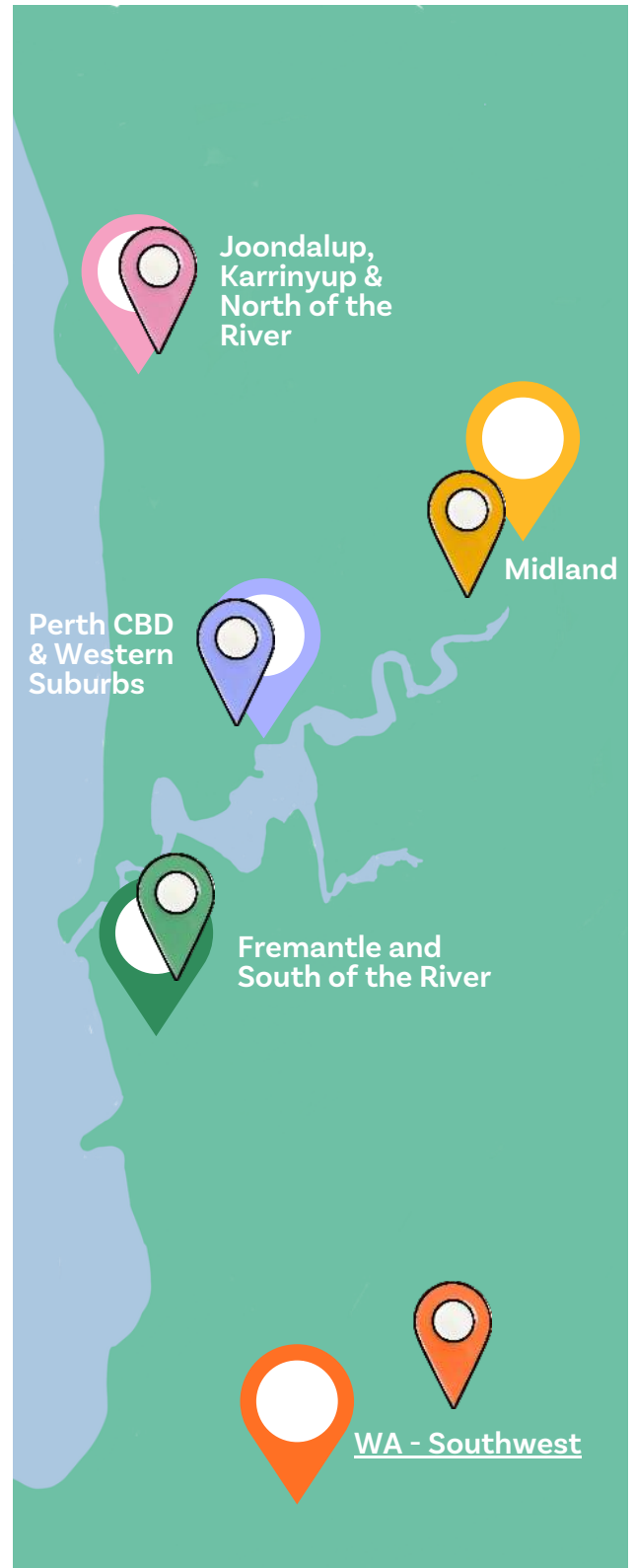
[Midland](#)

[WA - Southwest](#)




[Telehealth](#)

Legend:

- ADHD assessment & management
- Autism assessment
- Assessment only (no prescribing)
- Eating disorder care
- Telehealth



Joondalup, Karrinyup & NOR

Practice	Doctor		Notes
Greenhouse Paediatrics  info@greenhousepaediatrics.com.au greenhousepaediatrics.com.au	Dr Paul Wallman	Paediatrician	Autism assessment and diagnostic clinic with Dr Wallman and Clinical Psychologist.
	Dr Susan Fairbrother	Paediatrician	
	Dr Janki Deshmukh	Developmental and General Paediatrician	
	Dr Veena Judge	Sleep and Respiratory Paediatrician	
	Dr Annie O'Donnell	Sleep and Respiratory Paediatrician	
Highclere Specialist Centre MARANGAROO 9247 1988 hsc@abcol.com	Dr Neha Chawla	General Paediatrician	0-16 years acute and chronic medical conditions. Special interest in unsettled babies, failure to thrive, feeding/nutrition issues, asthma and eczema. No autism assessments.
(Dr) Ian Everitt DUNCRAIG 9203 5414 lisa@ianeveritt.com.au	Dr Ian Everitt	Paediatrician	Medical referrals only. Not accepting developmental or behavioural referrals including ADHD, and autism. Email GP referral.
Joondalup Health Campus 9300 9559	Dr Lana Bell	Paediatrician	
	Dr Alide Smit	Paediatrician	
	Dr Brad Jongeling	Paediatrician	Babies and general paediatrics only.
	Dr Andrew Haak	Paediatrician	Babies and general paediatrics only.
	Dr Jamie Tan	Paediatrician	Not accepting developmental or behavioural referrals including ADHD.
PaedsPlus  CURRAMBINE 6388 4422 admin@paedsplus.com.au	Dr Gareth Kameron	Paediatrician	Referral via website only. Waitlist updates published online and updated frequently. Approx 3 years for ADHD, ASD or developmental. In-house paediatric allied health team including dietitian, occupational therapist, provisional psychologist and speech pathologists.
	Prof Desiree Silva	General Paediatrician	
	Dr Omid Khojasteh	General Paediatrician	
	Dr Tomi Ibilola	Developmental Paediatrician	
	Dr Rachel Hudson	Child & Adolescent Psychiatrist	Anxiety disorders, mood disorders, trauma-related disorders, school related or peer relationship difficulties. Up to 16 years.
Tranquility Clinic STIRLING www.tranquility.clinic	Dr Jacques Esterhuizen	Consultant Child and Adolescent Psychiatrist	<u>Information on new referrals is here:</u> https://tranquility.clinic/appointments-1
WA Psychiatry and ADHD Clinic  KARRINYUP & EAST PERTH 6154 2850 admin@wapsychiatry.com.au www.wapsychiatry.com.au	Dr Lewis Walker	Psychiatrist	Information on new referrals is here: https://wapsychiatry.com.au/new-referrals/
	Dr Karena Tansey	Child and Adolescent Psychiatrist	
	Dr Yiu Fung Man	Consultant Child Psychiatrist	Telehealth only - children 12 years +.
	A/Prof Gagan Garg	Consultant Child Psychiatrist	Telehealth only - children and teens.

Central & Western Suburbs

Practice	Doctor	Notes	Notes
BabySteps 🧠💊 SUBIACO 9387 2844 admin@babystepshealth.com.au babystepshealth.com.au	Dr Stephen Bilkey	General & Developmental Paediatrician	BabySteps has GPs with additional training in child development who may be able to help you. You can book a developmental progress consultation through the website or by calling. They can help you access support while you are waiting to see a paediatrician or may be able to assist in a way that an appointment is no longer required.
	Dr Radhika James	General & Developmental Paediatrician	
Beacon Clinic 🧠💊 reception@beaconclinic.com.au	Dr Yulia Furlong	Psychiatrist	Wexford Psychiatry is now closed. Clients of Dr Yulia Furlong can get in touch via her new practice, Beacon Clinic in Subiaco.
Child Development Centre SUBIACO 6258 3562 susessionalsuites@sjog.org.au	Dr Janki Deshmukh	Paediatrician	
Clear Health Psychiatry 🧠🦋 SUBIACO 6378 4799 office@clearhealthpsychiatry.com.au	Dr Drew McCarthy	Psychiatrist	13-65 year olds for assessment and treatment of ADHD, anxiety, mood disorders, OCD, PTSD, eating disorders, personality disorders and addiction. No autism assessments.
Esus Centre 🦋 SUBIACO	Dr Philippa Carter	Child & Adolescent Psychiatrist	Supporting young people with eating disorders.
Healan Centre 🧠💊🌐 WEST PERTH info@healancentre.com 1800 971 511 1070 Hay Street, West Perth healancentre.com	Dr Joanne Edwards	Paediatrician 0-18 years	Telehealth assessments.
	Dr Trusha Brys	Paediatrician 0-16 years	
	Dr Lara Howard	Consultant Psychiatrist 0-100 years	
Health in Mind 🧠💊 NEDLANDS 6183 1908 hello@healthinmind.com.au	Dr Kavitha Lakshminarayanan	Consultant Psychiatrist	
(Dr) Jarek Hryniewicki 🧠💊 SOUTH PERTH hello@voix.com.au voix.com.au	Dr Jarek Hryniewicki	Psychiatrist	Child/Adolescent and General Psychiatry 12 years to mid 20s. Voix do not currently offer autism assessments but can assist with ongoing management and therapy.
(Dr) Johana Stefan SUBIACO	Dr Johana Stefan	Paediatrician & Psychiatrist	Dual qualified paediatrician and child and adolescent psychiatrist. PDA-aware.
Kinkaya INNALOO kinkaya.com.au	Dr David Hancock	Paediatric Respiratory Physician	Viral induced wheeze, asthma, chronic cough, chronic wet cough, recurrent infections.
Marian Centre 🧠🦋 WEMBLEY mariancentre.com.au	Dr Richard Clarke	Child and Adolescent & Adult Psychiatrist	Child & Adolescent and Adult Psychiatrist. Richard has a special interest in child and adolescent psychiatry, including ADHD and eating disorders, and in adult psychiatry. He is also the Clinical Lead of the Dialectical Behavioural Therapy (DBT) Program and Outpatient Eating Disorders Program.
McCourt Street Paediatrics WEST LEEDERVILLE 9380 6055 mccourtstreet.paed@hotmail.com mccourtstreetpaediatrics.weebly.com	Dr Lynda Chadwick	Paediatrician	Children up to 10 years.
	Dr John Wray	Paediatrician	Books permanently closed to new patients.

Central & Western Suburbs

Practice	Doctor	Specialty	Notes
Oqea Cares  SUBIACO 6559 6900 https://oqeacares.au/request-an-appointment/	Dr Phillipa Carter	Child and Adolescent Psychiatrist	<p>Check Oqea's website for updates on availability. New clients are sent online questionnaires and then complete a 90 minute session with a psychologist at Oqea Cares. During the session they are assessed for ADHD and there is also planning for immediate support.</p> <p>If the child or adults meets criteria for ADHD they can then be referred to one of Oqea Care's psychiatrists for support.</p> <p>They have in-house mental GPs who provide support under the supervision of the psychiatrist for titration of medications and prescription renewals. Group programs are available.</p>
	Dr Kyle Hoath	Psychiatrist - from 16 years.	
	Dr Murray Chapman	Psychiatrist - from 16 years	
Paediatric Therapy and Developmental Services WEMBLEY 9387 5937 reception@drmarkparker.com.au	Dr Mark Parker	Paediatrician	All ages and concerns including ADHD and autism diagnosis.
PaedsWest MT LAWLEY 9271 1425 reception@paedswest.com.au www.paedswest.com.au Priority EEGs school hours, after school / evening EEGs are available with a doctor's referral. EEG reports are sent to the referring doctor and families do not need to return to see a neurologist. EEG referrals can be done through the request form on the website.	Dr Maina Kava	Paediatrician and paediatric neurologist.	
	Dr Ravisha Srinivas Jois	Paediatrician	Children up to 6 years only.
	Dr Pratima Gulati	Paediatric Neurologist	Paediatric Neurologist joined the practice in April 2023. Also available at St James Family Medical.
	Dr Jehan Suleiman	Consultant Neurologist	
Patches  SUBIACO patches.com.au	Dr James Fitzpatrick	Paediatrician	BOOKS OPEN. Assessment and diagnosis ONLY. Patches do not prescribe medications or provide ongoing management services. Can provide assessment for ADHD, autism, global developmental delay, FASD and specific learning difficulties.
Perth Child Development Centre MT LAWLEY 6153 4535 perthcdc@outlook.com perthcdc.net.au	Dr Indrajit Karande	Paediatrician	
	Dr Neha Chawla	Paediatrician	
	Dr Susan Feng	Paediatrician & Neonatologist	
Perth Clinic  WEST PERTH 9481 4888 info@perthclinic.com.au	Dr Jarek Hryniewicki	Consultant and Child Psychiatrist	Consultant and Child Psychiatrist. Specialty in adolescent psychiatry (12-20 years), ADHD.
	Dr Julia Charkey-Papp	Consultant Psychiatrist	Consultant Psychiatrist. Cannot accept cases for children younger than 13 years.
Perth Developmental Paediatrics COOLBINIA 9242 1425 admin@perthdevelopmentalpaediatrics.com.au	Dr Carole Caccetta	Paediatrician	
	Dr Stephanie Greeff	Paediatrician	
Perth Paediatrics  WEST LEEDERVILLE 9382 2638 perthpaediatrics.com.au	<u>Dr Chaandini Subramaniam</u>	Paediatrician	<ul style="list-style-type: none"> Autism Spectrum Disorder (ASD) Assessments from 2 years of age with psychologist then review by Dr Subramaniam ADHD Assessments - 4 to 6 months with psychologist only, paediatrician books are closed Griffith Assessments with Dr Chaandini.
	Dr Shveta Patel	Developmental Paediatrician	





Central & Western Suburbs

Practice	Doctor	Specialty	Notes
Qualia Mental Health 🧠 WEST PERTH	Dr Raj Tanna	Psychiatrist	Assessment and treatment for adults with ADHD from age 17 years and above.
Starbloom Paediatrics 🧠 6424 8199 NEDLANDS, SHENTON PARK & BUSSELTON info@starbloom.com.au starbloom.com.au Due to the overwhelming demand, referrals to our developmental paediatric service cannot be accepted at this time. Exception is made for people with confirmed residence in the Busselton / Vasse and immediate surrounds.	Dr Katherine Stokes	Paediatrician	
	Dr Alya Ishak	Paediatrician	General paediatrician who sub-specialises in respiratory and sleep medicine. NOT accepting referrals for purely developmental concerns.
	Dr Chia Saw	Paediatrician	Previously at Perth Paediatrics. Full with current clients.
	Dr Jehan Suleiman	Paediatric Neurologist	
	Dr Jane Steele	Developmental Paediatrician	
	Dr Sarah Ong	Developmental Paediatrician	
	Dr Abraham Oommen	General Paediatrician	Respiratory and general paediatrics only.
	Dr Siu Min Tay	General Paediatrician	
	Dr Gloria Lau	General Paediatrician	
Suite 306 🧠 NEDLANDS Hollywood Consulting centre 9389 9617 reception@suite306.com.au suite306.com.au	Dr Davinder Hans	Consultant Psychiatrist	Interest in youth mental health.
	Dr Lisa Barratt	Consultant Psychiatrist	Interest in youth mental health. Patients aged 16 to 65 years.
The Elizabeth Clinic 🧠 NEDLANDS 9384 4565 enquiries@elizabethclinic.com.au	Dr Emma Argiro	Paediatrician	
	Dr Aggie Bakowski	Paediatrician	
	Dr Rae-Chi Huang	Paediatrician	
	Dr Gavin Hutana	Paediatrician	
	Dr Veronika Kretzer	Paediatrician	
The Swan Centre 🦋 CLAREMONT	Dr Stuart McCormack	Psychiatrist	Can only be accessed by those receiving treatment for eating disorders through The Swan Centre. See also Westerly Youth Clinic which is co-located with The Swan Centre.
The Swiss Family Clinic SUBIACO 6255 5333 info@swissfamilyclinic.com.au	Dr Hayden Wilson	Child and Adolescent Psychiatrist	
	Dr Donald Payne	Paediatrician	
West Health Psychology 🧠 WEST LEEDERVILLE 9284 1767 admin@westhealth.com.au www.westhealth.com.au	Dr Michelle Trowse	Child and Adolescent Psychiatrist	
Westerly Youth Clinic 🦋 CLAREMONT 0497 897 871 reception@westerlyclinic.com	Dr Grant Ferguson	Paediatrician	GP referral required Eating disorders (e.g. ARFID, Bulimia Nervosa) (ages 10 - 24) ADHD assessment and management (ages 10 - 24) Autism Spectrum Disorder (ASD) assessment with clinical psychologist + paediatrician (ages 10 - 18)
	Dr Rachel Halpin-Evans	Specialist Pain Medicine Physician and Paediatrician	Referrals for chronic or persistent pain, complex or unexplained pain conditions, pain related to medical illness or treatment, functional pain syndromes.
Western Psychiatry 🧠 NEDLANDS	Multiple psychiatrists	Psychiatrists	Adult ADHD and general psychiatry 18 years +
Wild Child Paediatrics 🧠	Dr Sabrina Barrett	Paediatrician	Register for the waitlist via their website for intakes for ADHD and autism assessments.

Fremantle & surrounds

Practice	Doctor		Notes
(Dr) Andrew Savery 🧠🌐 BOORAGOON drandrewsavery@outlook.com	Dr Andrew Savery	Paediatrician	Assessment and diagnosis for 0-16 years of ADHD, autism, behavioural and developmental concerns. No medical referrals. Email GP referrals and they will advise the process. No website. This is a small, family run practice without reception staff. I don't recommend trying to phone.
Cardio Respiratory Sleep 🧠🌐 sleepcrs.net.au/doctors/referrals	Dr Allison Carroll	Paediatric Respiratory Medicine Physician	Special interests in Asthma and Preschool wheeze, Chronic cough and bronchitis, Dyspnoea / shortness of breath, Chronic lung disease of prematurity, Complex paediatric respiratory disorders (bronchiectasis, aerodigestive disorders). Diagnostic respiratory testing and telehealth consults available.
Chester Tan Developmental Centre 🧠🌐 APPLECROSS 9300 3002 admin@drtan.com.au	Dr Chester Tan	Paediatrician	Paediatrician in neurodevelopment, ADHD and behaviour seeing children and adolescents. All appointments are now conducted via Telehealth (video consultation only). The physical clinic is closed.
Child Psychiatrists Perth 9259 0689 cpp@lifepointclinic.com.au	Dr Vineet Padmanabhan	Consultant Child and Adolescent Psychiatrist	
	Dr Pradeep Rao	Consultant Child and Adolescent Psychiatrist	
Fremantle Psychiatry 9335 5966 fremantlepsychiatry.com.au	Dr Ingo Beer	Child and Adolescent Psychiatrist	
Happy Child Paediatrics 🧠💊 6400 5410 reception@happychildpaediatrics.com.au	Dr Sapna Jessy	Paediatrician	Griffiths Developmental Assessments, autism and ADHD assessments, also review learning and provide support for NDIS and schools.
Head Office Health EAST FREMANTLE 9438 1976 info@headofficehealth.com.au headofficehealth.com.au	Dr Paul Simons	Child and Adolescent Psychiatrist	Child and Adolescent Psychiatrist. Not currently accepting referrals for ADHD assessments. Multi-disciplinary mental health practice - clients will not be accepted for psychiatric review only. In order to see Dr Paul Simons the young person will have to be engaging in therapy at Head Office Health.
(Dr) Hock Leng Chua 🧠💊 ARMADALE 9497 1771	Dr Hock Leng	Paediatrician	General & Respiratory paediatrics, adult & paediatric allergy / immunology. Autism assessments.
Impulse Paediatrics 🧠💊 MURDOCH reception@suite38.com.au Fax: 6384 3822 Healthlink EDI: imuplsep	Dr Michael Slattery	Paediatrician	ADHD only for 6-16 year olds. He is not able to formally assess for autism or learning disorders and if they are identified he will suggest appropriate referral to parents. Dr Slattery does not have a website. I don't recommend trying to phone as you are not likely to get through. They are very, very busy.
Kindersave Paediatrics 🧠💊 KENSINGTON kindersavepaediatrics.com.au	Dr Vudum Reddy	Paediatrician	Developmental, behavioural and medical problems for under 16 years.
Murdoch Baby & Paediatric Services 🧠💊 MURDOCH 9313 5649	Dr Farhat Hussain	Paediatrician	Accepting autism and ADHD referrals. Send <u>developmental patient referrals</u> via their website.
	Dr Nancy Elsheikh	Paediatrician	

Fremantle & surrounds

Practice	Doctor		Notes
Murdoch Paediatrics  MURDOCH 9310 8778 info@murdochpaediatrics.com.au	Dr Charles Crompton	Paediatrician	ADHD referrals only for children 6-13 years old. Email through: GP referral, 1 recent school report and if parents could also summarise the issues they are having with their child. Doctors will assess the reports and then parents will be contacted for an appointment.
	Dr Andrew Bullock	Paediatrician	
Perth Kids Clinic  SOUTH PERTH admin@perthkidsclinic.com.au 6185 1249 Fax: 6558 0530	Dr Rajiv Shah	Paediatrician	GP referrals only.
	Dr Nitin Rajput	Paediatrician	
	Dr Raghu Dharmapuri	Paediatrician	
	Dr Geoby Paul	Paediatrician	
	Dr Srinivas Porredy	Paediatrician	
	Dr Gajanan Purohit	Paediatrician	
	Dr Nital Patidar Khanna	Paediatrician	Dr. Patidar is a general paediatrician with special interests in newborn health and development, as well as developmental disorders such as ADHD, Autism Spectrum Disorder, and Isolated and Global Developmental Delays. She is skilled in performing developmental assessments, including the Griffiths III.
	Dr Sameer Pupala	Paediatrician & Neonatologist	
Dr Gajanan Purohit	Paediatrician		
Perth Paediatrics 	See listing under Central & Western Suburbs of Perth - Subiaco.		
Roshni Healthcare	Dr Roshni Sonawane	Paediatrician	
Smart Paeds  COCKBURN 9468 3622 admin@smartpaeds.com	Dr Mohammad Jehangir	Paediatrician	Referral only via website. They open their waitlist one day per month. Dates are published on their website.
	Dr Imali Yap Kulatunga	Paediatrician	
	Dr Amber Tahir	Paediatrician	
	Dr Cuila Gibson	Paediatrician	
	Dr Ankur Sharma	Paediatrician	
	Dr Mayank Dhamija	Paediatrician	
	Dr Arvind Sharma	Paediatrician	
St James Family Medical & St James Specialist (08) 9352 2910 info@stjamesfamilymedical.com.au Please provide GP referral initially. Additional supporting documentation is requested when the child is accepted onto the waitlist. Children turning 16 by the end of the year or older will not be accepted as neither paediatrician will commence care of patients 16 years +.	Dr Benedicta Itotoh	Paediatrician & Paediatric Allergist	Dr Itotoh does not treat patients with tic disorders.
	Dr Pratima Gulati	Paediatrician	Paediatric neurologist and developmental paediatrician. Dr Gulati does not conduct ASD assessments. Also available at Paeds West.
Wexford Kids  6317 9565 info@wexfordkids.com.au	Dr Alpana Kulkarni	Paediatrician	General Behavioural and Developmental Paediatrician.
	Dr Swati Singhal	Paediatrician	Her areas of expertise include conditions like Global Developmental Delays, ADHD, autism spectrum disorder and intellectual disability and associated medical conditions like sleep disorders.

Midland

Practice	Doctor		
Dr Richard Christie 🧠 9274 6982	Dr Richard Christie	Paediatrician	May be able to confirm autism assessments.
Midland Child Development Centre 9250 0700	Dr Sanjay Gehlot	Paediatrician	






South West

Practice	Doctor		Notes
Bunbury Paediatrics (08) 9791 7106	Dr Barbara Ley	Paediatrician	Medical referrals only. Books closed for developmental and behavioural referrals.
	Dr Stephen Adams	Paediatrician	
Child Matters and Teen Matters BUSSELTON childmatters.com.au			Via Starbloom Paediatrics
(Dr) Harvey Graham 92722 1985 harveygrahampaed.reception@gmail.com	Dr Harvey Graham	Paediatrician	Books closed for developmental and behavioural referrals. Permanent south west residents only.
HOPE Clinic (08) 9774 3811 referrals@hopepaediatricclinic.com.au www.hopepaediatricbusselton.wordpress.com	Dr Anand Deshmukh	Paediatrician	
	Dr Archana Deshmukh	Paediatrician	
(Dr) Mark Burrows (08) 9722 1963 reception@drmarkburrows.com.au	Dr Mark Burrows	Paediatrician	St John of God Hospital, Bunbury.

Telehealth

Telehealth may be suitable if:

- You are flexible with provider location
- Your child is older
- You need assessment or medication review

Practice	Doctor		Notes
Sage Clinic 	Dr Murugesh Nidyananda	Child and Adolescent Psychiatrist	New WA based telehealth psychiatry service providing ADHD and autism assessments as well as medication management for ages 5 years +.
	Dr Marie-Caroline Viebke	Psychiatrist	
CubCare 		Paediatricians	Attention, Concentration and Hyperactivity Clinic from 5 to 16 years.
Evolve Psychiatric Services 	Dr Rajesh Harjai	Child and Adolescent Psychiatrist	Autism and ADHD assessments for children and adolescents aged 6 to 18 years.
Nexia Healthcare 		Psychiatrists	Autism and ADHD assessments for children and adults.
Pandion Health 		Psychiatrists	ADHD assessments for children and adults.

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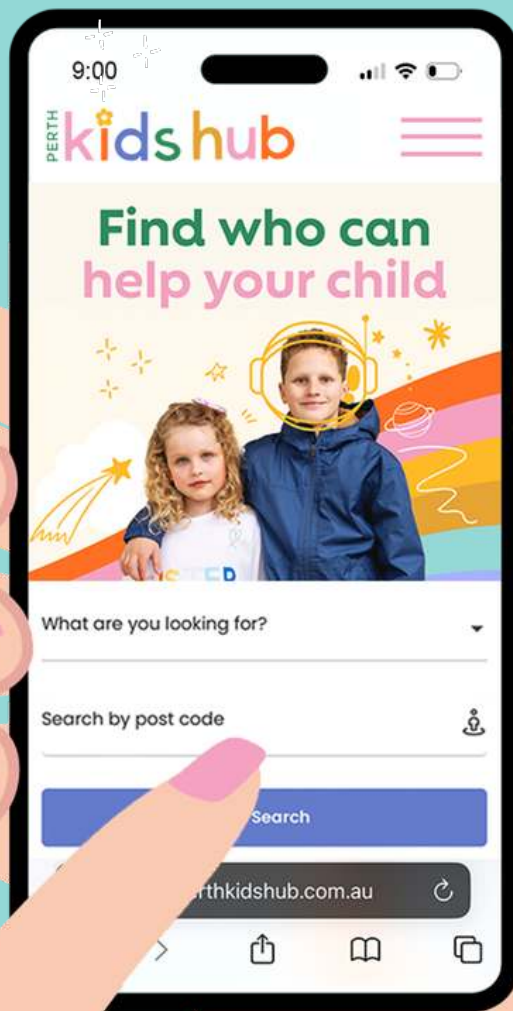
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Change log

November 2025

1. Dr Katie Britton, Britton Paediatrics closed due to health reasons
2. Wexford Psychiatry closed
3. Beacon Clinic opened in Subiaco by Dr Yulia Furlong (prev. Wexford Psychiatry)
4. Dr Ashanthi Munasinghe, closed private practice at Perth Kids Clinic
5. Evolve Psychiatric Services added
6. Starbloom Paediatrics updated to include Shenton Park and Busselton
7. Child Matters added to South West
8. Dr Danielle D'Rozario no longer providing private consults at Clear Health Psychiatry
9. Westerly Youth Clinic + autism assessments with clinical psychologist
10. Pandion Health added to telehealth

Dr Amruta Pendse no longer at Perth CDC

February 2026

1. Dr Richard Clarke relocated from Suite 360 to Marian Centre.
2. Dr Michelle Howell retired from private practice at Nest Medical.
3. Dr Rachel Halpin-Evans jointed Westerly Youth Clinic.
4. Dr Chester Tan now Telehealth only. Physical office closed.
5. Dr Murugesh at Sage Clinic seeing from 5 years.