



Paediatricians and psychiatrists

**FOR CHILDREN & ADOLESCENTS
IN PERTH & WA**





hi,
i'm pia.

I know how stressful it can be when your child needs help, but every paediatrician you call is fully booked for months or even years.

That's why I've created this list of Perth paediatricians and psychiatrists.

My goal is simple: to save you hours of phone calls, reduce the overwhelm, and help your child get the support they need sooner.

Because when your child is struggling, you shouldn't have to wait years for answers or for help.

♥ Pia

Looking for the latest updates? Books can open and close in what seems like an instant. Check the latest updates here:

➔ [availability updates](#) ←



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DIRECTORY

Contact details for Western Australian paediatricians and child and adolescent psychiatrists.

After contacting every paediatrician in Western Australia I wanted to know what the official advice was for families. I emailed our Minister for Health and Mental Health and asked for something to tell families. Here it is.

Dear Pia

Thank you for your email, which was forwarded to the office of the Minister for Health and Mental Health. I am [name removed by me], Health Liaison Officer, and the Minister has asked me to respond to you on her behalf.

Thank you for your advocacy and support for Perth families who are seeking developmental support for their children. Our office escalated your concerns to the Department of Health, and have been provided with the following information.

Child Development Service

There is an increasing demand for developmental services, including developmental paediatrician services, across both the public and private sectors and this has led to increasing waiting times for services.

As you would be aware, within the public system, the government provides a free (government funded) Child Development Service (CDS) that includes developmental paediatrician services. Families can find information about referral to this service at [CAHS | Child and Adolescent Health Service - Referral information](#) or by contacting CDS directly on 1300 551 827.

Given the significant and sustained increase in demand for services, CDS does currently have extended waiting times for developmental paediatrician services. However, CDS will schedule a service planning phone call with a family within 8-12 weeks of referral and this provides an opportunity for parents to discuss other community supports and information that may be available while they are waiting for an assessment appointment.

Online Resources.

Families seeking information about ADHD may find online resources such as the following useful:
[ADHD: children & teens](#) |
[Raising Children Network, Resources - ADHD WA Educators - ADHD WA, Kids Health Information : ADHD - ways to help children at school and home \(rch.org.au\)](#),

Your GP

It may also be helpful for a family to make an appointment with their GP to discuss their concerns for their child, including any sleep, diet or mental health concerns and whether a Mental Health Treatment Plan or Chronic Diseases Management Plan would be of benefit in helping provide access to relevant allied health services, such as occupational therapy or psychology supports.

School

For school-age children, early implementation of supports in the classroom environment is valuable. If not already in place, it may be helpful for a family to liaise with their child's teacher to develop an Individual Education Plan for their child and discuss whether involvement of the school psychologist would be appropriate.

Thank you again for writing to the Minister's office about this matter. Please let me know if I can assist any further.

Kind regards

Health Liaison Officer

Office of the Minister for Health & Mental Health

What do I do?

There are a small number of developmental paediatricians in Perth and a huge demand for appointments. Most are at capacity and have closed their books. It's dire. If you are in that situation, I am so sorry. I understand how stressful this process is - you just want your child to be healthy and happy. A diagnosis offers answers and a pathway to treatment and support. To understand yourself and how your brain works.

I can't sugar coat it - families are going to be waiting anywhere from 6 months to 3 years to see a paediatrician and get a formal diagnosis. **Please, do not wait until you get a diagnosis to act.** There is so much that you can do to help your child and your family in the meantime. Here are a few ideas.

If your child is under 6 years.

The **Early Childhood Approach (ECA)** helps children younger than 6 with developmental delay or children younger than 9 with disability and their families to access the right support when they need it.

Children younger than 6 do not need a diagnosis to get support through the early childhood approach where there are concerns about their development.

Wanslea is the provider of the early childhood approach in Western Australia and it is a phenomenal program with incredible staff.

The ECA practitioners at Wanslea are all professionals who have trained in early childhood development. That means you are likely talking to someone with a background as a speechie, OT or other. So they get how important early access to support is and can provide information and guidance to connect you with the services that are available.

Many of the practitioners are working in this area due to their lived experiences with their own children or siblings. They are OUR people.

So as overwhelming and scary as the NDIS may sound - you are dealing with amazingly dedicated and passionate Western Australians who want to help you ensure your child reaches their potential.

If you have any questions about your eligibility, please contact Wanslea on 1300 969 645 or email ndis@wanslea.org.au

Screening tools.

Screening tools are not a substitute for a diagnosis or for speaking with a medical professional. However, they can be useful to help collate your thoughts and concerns and provide additional information when you do visit your GP or specialist.

They also help you understand what conditions might be indicated for investigation, which can be helpful in planning next steps - as conditions such as Specific Learning Disorders do not require diagnosis by a paediatrician. Useful screening tools include:

PsychProfiler: screens for 20 of the most common psychiatric and neurodevelopmental conditions in children and adults including ADHD, Specific Learning Disorders, anxiety and autism.

The cost is \$5 per use and you can purchase multiple copies if you would like to ask your child's teacher to complete a survey too. Go here: <https://www.psychprofiler.com/>

AUSPELD has an online screening tool to provide an informal indication of the likelihood of the child demonstrating literacy or numeracy-related learning difficulties. It is best suited to school-aged children. Go here: <https://auspeld.org.au/screening-tool/>

ASDetect is a FREE app based on research by the Olga Tennison Autism Research Centre at La Trobe University. It provides an early autism detection method that they say is 83% accurate and can be used with children aged 11 to 30 months.



"Bring some distractions for when you want to discuss more difficult aspects of their development or mental health and you can't leave them outside the room. An iPad and headphones or colouring in."

DR ANDREW LEECH

Find a GP who listens.

Your GP is the key person who can help you navigate the medical system and access support.

If you haven't found someone you and your child click with, then this is the single most important thing you can do.

[The Garden Family Medical Centre General Practitioner Dr. Andrew Leech](#) suggests asking the receptionist which GP has a special interest in ADHD or who tends to see children.

Get a quality referral.

Paediatricians require a GP referral to be sent through before they can add you to their waitlist. They use the information on the referral to triage (prioritise) the referral based on urgency of need.

It is always better to get a referral from a GP who knows your child and who sees you regularly as they can provide relevant information in the referral letter.

Go long.

Book a long appointment with your GP to request the referral. This will allow more time to discuss your concerns and for your GP to prepare a more comprehensive referral

"It might take us a while to get to know you and your family but we can help. One consultation is never enough. Find a GP who listens to you and allows your child time to talk. This helps your child feel validated," Dr Leech says.

"Help the GP understand how it affects you or your child by giving some examples of day-to-day life at home and school. GPs can also do a physical health check, order blood tests or refer for hearing, vision or sleep studies."

They may be able to offer you simultaneous referrals for allied health, paediatrician, hearing and vision testing and Early Childhood Approach (if under 6 years for developmental delay or 9 for permanent, lifelong disability).

Provide the info they need.

I've been sent a lot of referrals that say "Mum is concerned child has ADHD/ASD" – and that's it.

GPs are under huge time pressure.

Families, you can help out by collating a summary of concerns to go along with your referral that provides input into the clinic's triage process.

Dr Leech recommends bringing to the GP appointment a letter from the teacher with an update, a recent school report, NAPLAN results if applicable and your own letter summarising what it is like at home with examples.

The following information can also be helpful to accompany your referral:

- Family structure
- Previous developmental milestones
- Past medical history
- Previous interventions and response e.g. occupational therapy
- Any supplements or medications
- Any school supports in place
- Copy of latest school report or summary of any concerns that may have been raised by the school
- If the GP is willing to be a co-prescriber of medications (especially ADHD stimulant medications)
- Copy of Family Court orders (if relevant).

Summarise.

I have started taking a **typed dot point summary** of relevant information and handing that to our GP. It gives them a chance to read everything I think is relevant and then ask questions. It also stops me from forgetting what I need to say or ask.

A written summary is also super helpful if your child is in the room and there are things you would like to update the GP on that you would rather little ears didn't hear. An iPad and headphones are also handy.

Check who to see.

Check with your GP about your concerns and who is the most appropriate specialty to diagnose and support your child.

Not all conditions require diagnosis by a paediatrician. So make sure before you get on a waitlist that you DO need to see one.

If mental health is the primary concern, then referral to a psychologist and psychiatrist may be recommended.

While both psychiatrists and paediatricians can prescribe medication for children, psychiatrists have additional mental health training.

Mental Health.

If you intend to apply for additional funding and support at school for a **severe mental health disorder** such as an anxiety disorder - then diagnosis by a child and adolescent psychiatrist may be required.

The Western Australian Department of Education previously published eligibility requirements that required:

- a letter of diagnosis from a child and adolescent psychiatrist
- a statement from the child and adolescent mental health practitioner who is providing active ongoing treatment.

A temporary resource could be provided for students awaiting assessment by a child and adolescent psychiatrist pending an assessment by the Lead School Psychologist and evidence confirming a psychiatric appointment had been made.

Unfortunately, the eligibility requirements have been removed from the Department's website with the direction to ask your school for guidance on applying for disability funding.

You need a GP referral to see a paediatrician, psychiatrist or neurologist.

Please do not phone clinics to enquire if they are accepting referrals - they cannot assess if they are the appropriate clinic for you by a phone enquiry.

If you do call, please be patient and polite.

BOOK A LONG GP APPOINTMENT

- Your GP will be your key partner in future management regardless of the paediatrician or psychiatrist you will ultimately see
- Book with a GP who knows your family well and can provide ongoing support
- Request a long appointment
- You may need a second appointment

CREATE A SHORTLIST OF PAEDIATRICIANS

- Visit the website for the WA government-provided (free) [Metro Child Development Service](#) (or if you're in the country, the [WA Country Health Service](#)) to check out their referral requirements. You can choose to self refer to CDS or ask a Child Health Nurse, teacher or GP to refer you.
- Visit the websites of private paediatricians (which are listed later in this guide) and check if they use specific referral form/s or have any specific requirements for referrals so you can advise your GP

COLLATE INFORMATION FOR YOUR GP

- See page 6 for ideas on what to bring to your appointment

VISIT YOUR GP

- Discuss your concerns (see page 7 for some tips)
- Discuss any **potential co-existing conditions** such as anxiety, poor sleep, or Specific Learning Disorders and if they need to be addressed
- Check if a **paediatrician referral is actually required** (see page 7 for more)
- **Rule out any other health, vision or hearing concerns** (some conditions can present similarly to make ADHD symptoms worse such as anaemia, thyroid disease, hearing or vision impairment)
- Discuss **referral to allied health** for your child e.g. psychology, OT, speech
- Discuss **parenting and/or sibling support programs**
- Discuss **mental health, relationship and family support**
- Ask what **interim support is available for you, your child and family** (you could be waiting up to 3 years)
- **Book regular follow up appointments with your GP** - school holidays can be a good opportunity to check in
- If a referral is provided, email your referral or submit via website depending on practice requirements (usually listed on website)

Ask your GP about support.

Ask your GP about **funding and supports** that are available as goodness me, it all adds up. Not only financially, but the additional stress can be really tough for you as a parent and on your family or relationship.

“I like to see parents or caregivers one-to-one to discuss more difficult issues going on for them. Parents need their own support,” said Dr Leech.

Ask about whether a **Better Access to Mental Health plan** may be suitable for your child or for you to help support your own mental health. In a calendar year, you could receive psychological therapy services up to the combined limit of 10 individual services and 10 group services such as a group therapy program run by a psychologist, social worker or an occupational therapist.

Other supports and sources of funding include the **Chronic Disease GP Management Plans** for chronic medical conditions that have been or are likely to be present for at least six months. This includes asthma, musculoskeletal conditions and diabetes.

To be eligible the patient must be managed by the GP along with at least two other collaborating health or care providers.

There is also an **eating disorder treatment and management plan** that provides up to 40 psychological treatment services and 20 dietetics consultations.

In March 2023 the age of eligibility to receive Medicare rebates for a **Complex Neurodevelopmental Disorder** or Eligible Disability was lifted from under 13 to under 25. Individuals with a Complex Neurodevelopmental Disorder can get Medicare benefits for assessment, diagnosis and a treatment or management plan.

Kiind (formerly Kalparrin) offers a fantastic Next Steps session to help you navigate the supports and services that are out there, including access to government funding.

The informal sessions are one-on-ones led by Peer Navigators with lived experience of raising a child with disability or developmental delay. Membership is free and open to all families in WA – including families of children with ADHD and autism.

Support at school.

You can request a letter stating that you are on a waitlist to see a paediatrician / psychiatrist and provide this to your school to support interim accommodations or an application for an **Individual Disability Allocation (IDA)**.

In my experience, schools are often just as bewildered as parents about what can and can't be funded. It can pay to seek clarification or a second opinion.

Ask your school if your child requires an **individual education plan (IEP)**.

Most children who require a lot of changes to their education program or their environment will need one and it also ensures the school receives a budget allocation for your child under the student-centred funding model.

Ask what accommodations can be provided for NAPLAN and other assessments.

Ask your school if your child will be included in the **Nationally Consistent Collection of Data on School Students With Disability (NCCD) census**. The NCCD is an annual collection of information about Australian school students with disability.

The NCCD enables schools, education authorities and governments to better understand the needs of students with disability and how they can be best supported at school.

Look into schooling options that support students with additional needs.

TSH run a small school at their Wembley campus. They host playgroup sessions and Kindy and Pre-Primary programs that are attended 1-2 days per week, while the student attends their local school on the remaining days.

The class sizes are tiny with a maximum of 13 students and they have such great support with a highly trained teacher leading the group and support by education assistants and speech pathologists, occupational therapists to run small group sessions.

The **Chatterbox** and **Talkabout** programs are best suited for children with a speech and language delay or disorder from 18 months to 6 years. You do not need a referral to attend.

Students graduate from the part time program with the aim of being full time at their local school by year one. If you have funding through the Early Childhood Approach you may be able to use this towards the costs.

The Department of Education's **Language Development Schools and Centres** provide specialist early intervention programs for children in the early years of schooling who have a speech and language impairment.

Language Development Centres (LDCs) provide specialised language support for students with a primary diagnosis of Developmental Language Disorder. LDCs support students from Kindergarten to Year 2, offering small class sizes and a multi-disciplinary system.

Also look into **Autism Early Intervention Centres** and **Education Support Centres and Schools**.

Join & learn.

Find a support organisation and/or group for your concerns and learn as much as you can.

Often there are people who are a few steps ahead of you who can give real-time recommendations on what has helped for their child/children. Many run support groups, workshops and training for members and parents.

Organisations to check out include: **Carers WA, ADHD WA, Kalparrin, Developmental Disability WA and DSF.**

Hang in there.

There are a lot of great people advocating for change in WA to help families get access to child development services.

Families – hang in there. It is HARD.

Ask for help, work with your GP, find support from a community of people who understand what it's like. And if you have any advice or tips for families on this journey, please let me know!

Further Resources

[Carer Gateway](#)

Disability Standards for Education 2005 - Department of Education, Australian Government

[Developmental Disability WA - DDWA](#)

[Kiind - formerly Kalparrin](#)

Other professionals can help

We are incredibly lucky to have talented and passionate practitioners in Perth who love supporting kids with their development, learning and wellbeing. The Perth Kids Hub [website](#) can help you find paediatric professionals who can support your child - from assessment through to therapies. You can search by concern, condition, location and even find options for therapists who will visit your child at home, school or their day care.

Here are just a few of the practitioners you can find on Perth Kids Hub. You **do not need a referral to see an allied health practitioner** such as a psychologist, play therapist, speech pathologist or occupational therapist.



DIETITIANS

Paediatric dietitians support children with fussy eating, growth concerns, food allergies, intolerances, feeding difficulties, and special dietary needs.

[FIND](#)



EX PHYS

Paediatric exercise physiologists support children's fitness, strength, motor skills, and chronic condition management through tailored, fun, and developmentally appropriate exercise programs.

[FIND](#)



OTS

Paediatric occupational therapists (OTs) assist children with motor skills, sensory processing, daily tasks, and emotional regulation to promote independence and development.

[FIND](#)



ADHD COACHES

ADHD coaches help children build focus, organisation, time management, and emotional regulation skills to boost confidence and succeed in daily life.

[FIND](#)



SPEECHIES

Paediatric speech pathologists support children with support children with speech, language, communication, social skills, and feeding difficulties to enhance learning and development.

[FIND](#)



PSYCHOLOGISTS

Psychologists support children with emotions, behaviour, anxiety, trauma, and learning challenges to improve wellbeing, resilience, and mental health.

[FIND](#)



PHYSIOS

Paediatric physiotherapists help children with movement, strength, coordination, and physical development to improve mobility, function, and participation in daily activities.

[FIND](#)



PLAY THERAPISTS

Play therapists help children express emotions, process trauma, build coping skills, and improve behaviour through therapeutic play in a safe environment.

[FIND](#)

Paediatricians & Psychiatrists

Joondalup, Karrinyup &
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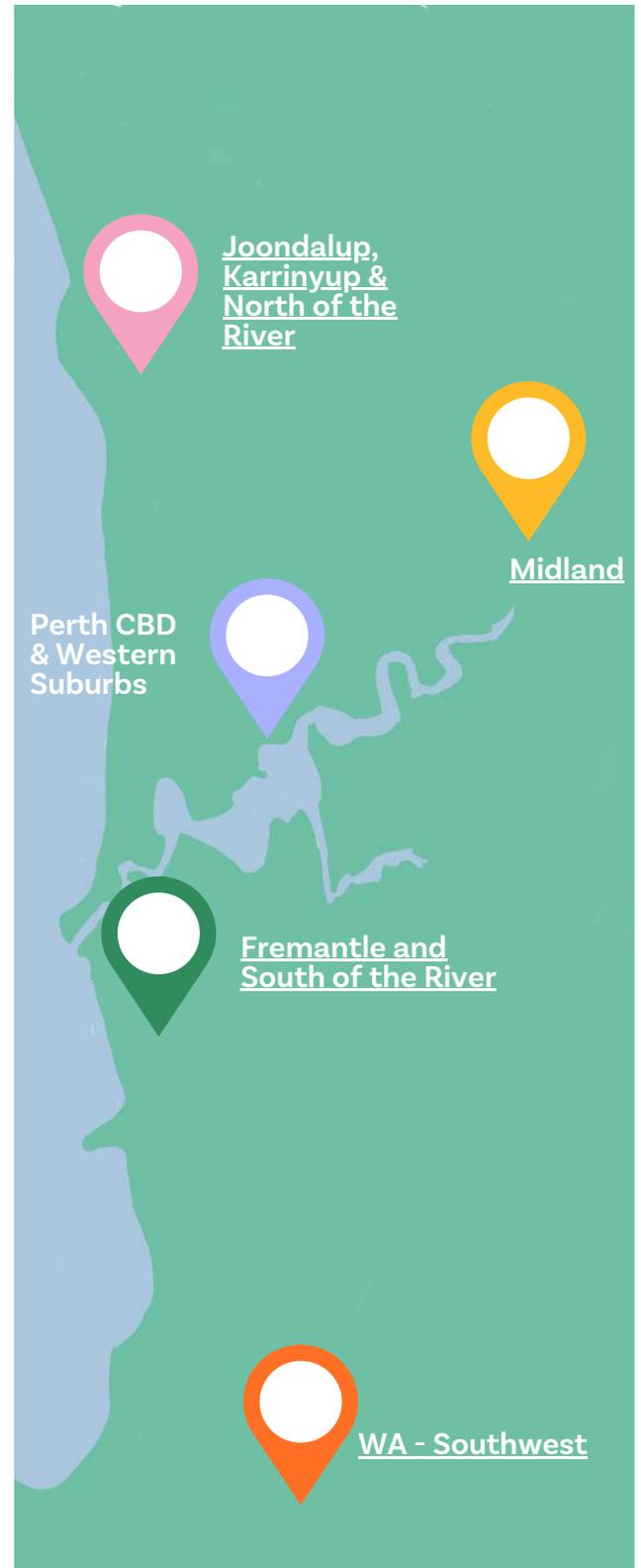
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the River [pg. 17](#)

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Joondalup, Karrinyup & NOR

| Practice | Doctor | | Notes |
|---|------------------------|--|---|
| Greenhouse Paediatrics info@greenhousepaediatrics.com.au greenhousepaediatrics.com.au | Dr Paul Wallman | Paediatrician | Autism assessment and diagnostic clinic with Dr Wallman and Clinical Psychologist. |
| | Dr Susan Fairbrother | Paediatrician | |
| | Dr Janki Deshmukh | Developmental and General Paediatrician | |
| | Dr Veena Judge | Sleep and Respiratory Paediatrician | |
| | Dr Annie O'Donnell | Sleep and Respiratory Paediatrician | |
| Highclere Specialist Centre 9247 1988 hsc@abcol.com | Dr Neha Chawla | General Paediatrician | 0-16 years acute and chronic medical conditions. Special interest in unsettled babies, failure to thrive, feeding/nutrition issues, asthma and eczema. No autism assessments. |
| (Dr) Ian Everitt 9203 5414 lisa@ianevertt.com.au | Dr Ian Everitt | Paediatrician | Medical referrals only. Not accepting developmental or behavioural referrals including ADHD, and autism. Email GP referral. |
| Joondalup Health Campus 9300 9559 | Dr Lana Bell | Paediatrician | |
| | Dr Alide Smit | Paediatrician | |
| | Dr Brad Jongeling | Paediatrician | Babies and general paediatrics only. |
| | Dr Andrew Haak | Paediatrician | Babies and general paediatrics only. |
| | Dr Jamie Tan | Paediatrician | Not accepting developmental or behavioural referrals including ADHD. |
| PaedsPlus 6388 4422 admin@paedsplus.com.au | Dr Gareth Kameron | Paediatrician | Referral via website only. Waitlist updates published online and updated frequently. Approx 3 years for ADHD, ASD or developmental. In-house paediatric allied health team including dietitian, occupational therapist, provisional psychologist and speech pathologists. |
| | Prof Desiree Silva | General Paediatrician | |
| | Dr Omid Khojasteh | General Paediatrician | |
| | Dr Tomi Ibilola | Developmental Paediatrician | |
| | Dr Rachel Hudson | Child & Adolescent Psychiatrist | |
| Tranquility Clinic STIRLING www.tranquility.clinic | Dr Jacques Esterhuizen | Consultant Child and Adolescent Psychiatrist | <u>Information on new referrals is here: https://tranquility.clinic/appointments-1</u> |
| | Dr Karena Tansey | Child and Adolescent Psychiatrist | |
| WA Psychiatry and ADHD Clinic KARRINYUP & EAST PERTH 6154 2850 admin@wapsychiatry.com.au www.wapsychiatry.com.au | Dr Lewis Walker | Psychiatrist | Information on new referrals is here: https://wapsychiatry.com.au/new-referrals/ |
| | Dr Karena Tansey | Child and Adolescent Psychiatrist | |
| | Dr Yiu Fung Man | Consultant Child Psychiatrist | Telehealth only - children 12 years +. |
| | A/Prof Gagan Garg | Consultant Child Psychiatrist | Telehealth only - children and teens. |

Central & Western Suburbs

| Practice | Doctor | Notes | Notes |
|---|-----------------------------|---------------------------------------|---|
| BabySteps SUBIACO 9387 2844 admin@babystepshealth.com.au babystepshealth.com.au | Dr Stephen Bilkey | General & Developmental Paediatrician | BabySteps has GPs with additional training in child development who may be able to help you. You can book a developmental progress consultation through the website or by calling. They can help you access support while you are waiting to see a paediatrician or may be able to assist in a way that an appointment is no longer required. |
| | Dr Radhika James | General & Developmental Paediatrician | |
| Beacon Clinic reception@beaconclinic.com.au | Dr Yulia Furlong | Psychiatrist | Wexford Psychiatry is now closed. Clients of Dr Yulia Furlong can get in touch via her new clinic. |
| Child Development Centre SUBIACO 6258 3562 ssessionalsuites@sjog.org.au | Dr Janki Deshmukh | Paediatrician | |
| Clear Health Psychiatry SUBIACO 6378 4799 office@clearhealthpsychiatry.com.au | Dr Drew McCarthy | Psychiatrist | 13-65 year olds for assessment and treatment of ADHD, anxiety, mood disorders, OCD, PTSD, eating disorders, personality disorders and addiction. No autism assessments. |
| Esus Centre SUBIACO | Dr Philippa Carter | Child & Adolescent Psychiatrist | Supporting young people with eating disorders. |
| Healan Centre WEST PERTH info@healancentre.com 1800 971 511 1070 Hay Street, West Perth healancentre.com | Dr Joanne Edwards | Paediatrician 0-18 years | Telhealth assessments. |
| | Dr Trusha Brys | Paediatrician 0-16 years | |
| | Dr Lara Howard | Consultant Psychiatrist 0-100 years | |
| Health in Mind NEDLANDS 6183 1908 hello@healthinmind.com.au | Dr Kavitha Lakshminarayanan | Consultant Psychiatrist | |
| (Dr) Jarek Hryniewicki SOUTH PERTH hello@voix.com.au voix.com.au | Dr Jarek Hryniewicki | Psychiatrist | Child/Adolescent and General Psychiatry 12 years to mid 20s. |
| (Dr) Johana Stefan SUBIACO | Dr Johana Stefan | Paediatrician & Psychiatrist | |
| McCourt Street Paediatrics WEST LEEDERVILLE 9380 6055 mccourtstreet.paed@hotmail.com mccourtstreetpaediatrics.weebly.com | Dr Lynda Chadwick | Paediatrician | Children up to 10 years. |
| | Dr John Wray | Paediatrician | Books permanently closed to new patients. |

Looking for the latest updates? Books can open and close in what seems like an instant. Check the latest updates here:

→ [availability updates](#) ←

Central & Western Suburbs

| Practice | Doctor | Specialty | Notes |
|--|---|---|---|
| Oqea Cares SUBIACO 6559 6900 https://oqeacares.au/request-an-appointment/ | Dr Phillipa Carter | Child and Adolescent Psychiatrist | Check Oqea's website for updates on availability. New clients are sent online questionnaires and then complete a 90 minute session with a psychologist at Oqea Cares. During the session they are assessed for ADHD and there is also planning for immediate support. If the child or adults meets criteria for ADHD they can then be referred to one of Oqea Care's psychiatrists for support. They have in-house mental GPs who provide support under the supervision of the psychiatrist for titration of medications and prescription renewals. Group programs are available. |
| | Dr Kyle Hoath | Psychiatrist - from 16 years. | |
| | Dr Murray Chapman | Psychiatrist - from 16 years | |
| Paediatric Therapy and Developmental Services WEMBLEY 9387 5937 reception@drmarkparker.com.au drmarkparker.com.au | Dr Mark Parker | Paediatrician | Babies only. |
| PaedsWest MT LAWLEY 9271 1425 reception@paedswest.com.au www.paedswest.com.au Priority EEGs school hours, after school / evening EEGs are available with a doctor's referral. EEG reports are sent to the referring doctor and families do not need to return to see a neurologist. EEG referrals can be done through the request form on the website. | Dr Maina Kava | Paediatrician and paediatric neurologist. | |
| | Dr Ravisha Srinivas Jois | Paediatrician | Children up to 6 years only. |
| | Dr Pratima Gulati | Paediatric Neurologist | Paediatric Neurologist joined the practice in April 2023. Also available at St James Family Medical. |
| | Dr Jehan Suleiman | Consultant Neurologist | |
| Patches SUBIACO patches.com.au | Dr James Fitzpatrick | Paediatrician | BOOKS OPEN. Assessment and diagnosis ONLY. Patches do not prescribe medications or provide ongoing management services. Can provide assessment for ADHD, autism, global developmental delay, FASD and specific learning difficulties. |
| Perth Child Development Centre MT LAWLEY 6153 4535 perthcdc@outlook.com perthcdc.net.au | Dr Indrajit Karande | Paediatrician | |
| | Dr Neha Chawla | Paediatrician | |
| | Dr Susan Feng | Paediatrician & Neonatologist | |
| Perth Clinic WEST PERTH 9481 4888 info@perthclinic.com.au | Dr Jaroslaw Hryniewicki | Consultant and Child Psychiatrist | Consultant and Child Psychiatrist. Specialty in adolescent psychiatry (12-20 years), ADHD. |
| | Dr Julia Charkey-Papp | Consultant Psychiatrist | Consultant Psychiatrist. Cannot accept cases for children younger than 13 years. |
| Perth Developmental Paediatrics COOLBINIA 9242 1425 admin@perthdevelopmentalpaediatrics.com.au | Dr Carole Caccetta | Paediatrician | |
| | Dr Stephanie Greeff | Paediatrician | |
| Perth Paediatrics WEST LEEDERVILLE 9382 2638 perthpaediatrics.com.au | <u>Dr Chaandini Subramaniam</u> | Paediatrician | <ul style="list-style-type: none"> Autism Spectrum Disorder (ASD) Assessments from 2 years of age with psychologist then review by Dr Subramaniam ADHD Assessments - 4 to 6 months with psychologist only, paediatrician books are closed Griffith Assessments with Dr Chaandini. |
| | Dr Shveta Patel | Developmental Paediatrician | |

Central & Western Suburbs

| Practice | Doctor | Specialty | Notes |
|--|------------------------|---|--|
| Qualia Mental Health WEST PERTH | Dr Raj Tanna | Psychiatrist | Assessment and treatment for adults with ADHD from age 17 years and above. |
| Starbloom Paediatrics 6424 8199 NEDLANDS, SHENTON PARK & BUSSELTON info@starbloom.com.au starbloom.com.au Due to the overwhelming demand, referrals to our developmental paediatric service cannot be accepted at this time. | Dr Katherine Stokes | Paediatrician | |
| | Dr Alya Ishak | Paediatrician | General paediatrician who sub-specialises in respiratory and sleep medicine. NOT accepting referrals for purely developmental concerns. |
| | Dr Chia Saw | Paediatrician | Previously at Perth Paediatrics. Full with current clients. |
| | Dr Jehan Suleiman | Paediatric Neurologist | |
| | Dr Jane Steele | Developmental Paediatrician | |
| | Dr Sarah Ong | Developmental Paediatrician | |
| | Dr Abraham Oommen | General Paediatrician | Respiratory and general paediatrics only. |
| | Dr Alya Ishak | General Paediatrician | Infant health, asthma, constipation. |
| | Dr Siu Min Tay | General Paediatrician | |
| Dr Gloria Lau | General Paediatrician | | |
| Suite 306 NEDLANDS Hollywood Consulting centre 9389 9617 reception@suite306.com.au suite306.com.au | Dr Davinder Hans | Consultant Psychiatrist | Interest in youth mental health. |
| | Dr Lisa Barratt | Consultant Psychiatrist | Interest in youth mental health. Patients aged 16 to 65 years. |
| | Dr Richard Clarke | Child and Adolescent & Adult Psychiatrist | Child & Adolescent and Adult Psychiatrist. Richard has a special interest in child and adolescent psychiatry, including ADHD and eating disorders, and in adult psychiatry. He is also the Clinical Lead of the Dialectical Behavioural Therapy (DBT) Program and Outpatient Eating Disorders Program. |
| The Elizabeth Clinic NEDLANDS 9384 4565 enquiries@elizabethclinic.com.au | Dr Emma Argiro | Paediatrician | |
| | Dr Aggie Bakowski | Paediatrician | |
| | Dr Rae-Chi Huang | Paediatrician | |
| | Dr Gavin Hutana | Paediatrician | |
| | Dr Veronika Kretzer | Paediatrician | |
| Dr Caroline Zanetti | Psychiatrist | | |
| The Swan Centre CLAREMONT | Dr Stuart McCormack | Psychiatrist | Can only be accessed by those receiving treatment for eating disorders through The Swan Centre. See also Westerly Youth Clinic which is co-located with The Swan Centre. |
| The Swiss Family Clinic SUBIACO 6255 5333 info@swissfamilyclinic.com.au | Dr Hayden Wilson | Child and Adolescent Psychiatrist | |
| | Dr Donald Payne | Paediatrician | |
| West Health Psychology WEST LEEDERVILLE 9284 1767 admin@westhealth.com.au www.westhealth.com.au | Dr Michelle Trowse | Child and Adolescent Psychiatrist | |
| Westerly Youth Clinic CLAREMONT 0497 897 871 reception@westerlyclinic.com westerlyclinic.com | Dr Grant Ferguson | Paediatrician | GP referral required Eating disorders (e.g. ARFID, Bulimia Nervosa) (ages 10 - 24) ADHD assessment and management (ages 10 - 24) Autism Spectrum Disorder (ASD) assessment with clinical psychologist + paediatrician (ages 10 - 18) |
| Western Psychiatry NEDLANDS https://westernpsychiatry.com.au/ | Multiple psychiatrists | Psychiatrists | Adult ADHD and general psychiatry 18 years + |
| Wild Child Paediatrics NEDLANDS 🌐 | Dr Sabrina Barrett | Paediatrician | Register for the waitlist via their website for intakes for ADHD and autism assessments. |

Fremantle & surrounds

| Practice | Doctor | | Notes |
|---|-----------------------|--|---|
| (Dr) Andrew Savery drandrewsavery@outlook.com | Dr Andrew Savery | Paediatrician | Assessment and diagnosis for 0-16 years of ADHD, autism, behavioural and developmental concerns. No medical referrals. Email GP referrals and they will advise the process. No website. This is a small, family run practice without reception staff. I don't recommend trying to phone. |
| Cardio Respiratory Sleep sleepcrs.net.au/doctors/referrals | Dr Allison Carroll | Paediatric Respiratory Medicine Physician | Special interests in Asthma and Preschool wheeze, Chronic cough and bronchitis, Dyspnoea / shortness of breath, Chronic lung disease of prematurity, Complex paediatric respiratory disorders (bronchiectasis, aerodigestive disorders). Diagnostic respiratory testing and telehealth consults available. |
| Chester Tan Developmental Centre 9300 3002 admin@drtan.com.au | Dr Chester Tan | Paediatrician | |
| Child Psychiatrists Perth 9259 0689 cpp@lifepointclinic.com.au | Dr Vineet Padmanabhan | Consultant Child and Adolescent Psychiatrist | |
| | Dr Pradeep Rao | Consultant Child and Adolescent Psychiatrist | |
| Fremantle Psychiatry 9335 5966 fremantlepsychiatry.com.au | Dr Ingo Beer | Child and Adolescent Psychiatrist | |
| Happy Child Paediatrics 6400 5410 reception@happychildpaediatrics.com.au | Dr Sapna Jessy | Paediatrician | Griffiths Developmental Assessments, autism and ADHD assessments, also review learning and provide support for NDIS and schools. |
| Head Office Health 9438 1976 info@headofficehealth.com.au headofficehealth.com.au | Dr Paul Simons | Child and Adolescent Psychiatrist | Child and Adolescent Psychiatrist. Not currently accepting referrals for ADHD assessments. Multi-disciplinary mental health practice - clients will not be accepted for psychiatric review only. In order to see Dr Paul Simons the young person will have to be engaging in therapy at Head Office Health. |
| (Dr) Hock Leng Chua 9497 1771 | Dr Hock Leng | Paediatrician | General & Respiratory paediatrics, adult & paediatric allergy / immunology. Autism assessments. |
| Impulse Paediatrics reception@suite38.com.au Fax: 6384 3822 Healthlink EDI: imuplsep | Dr Michael Slattery | Paediatrician | ADHD only for 5-16 year olds. He is not able to formally assess for autism or learning disorders and if they are identified he will suggest appropriate referral to parents. Dr Slattery does not have a website. I don't recommend trying to phone as you are not likely to get through. They are very, very busy. |
| Kindersave Paediatrics kindersavepaediatrics.com.au | Dr Vudum Reddy | Paediatrician | Developmental, behavioural and medical problems for under 16 years. |
| Murdoch Baby & Paediatric Services murdochbabymatters.com.au | Dr Farhat Hussain | Paediatrician | Accepting autism and ADHD referrals. |
| | Dr Nancy Elsheikh | Paediatrician | |

Fremantle & surrounds

| Practice | Doctor | | Notes |
|---|---|--------------------------------------|--|
| Murdoch Paediatrics 9310 8778 info@murdochpaediatrics.com.au | Dr Charles Crompton | Paediatrician | ADHD referrals only for children 6-13 years old. Email through: GP referral, 1 recent school report and if parents could also summarise the issues they are having with their child. Doctors will assess the reports and then parents will be contacted for an appointment. |
| | Dr Andrew Bullock | Paediatrician | |
| Perth Kids Clinic admin@perthkidsclinic.com.au 6185 1249 Fax: 6558 0530 | Dr Rajiv Shah | Paediatrician | GP referrals only. |
| | Dr Nitin Rajput | Paediatrician | |
| | Dr Raghu Dharmapuri | Paediatrician | |
| | Dr Geoby Paul | Paediatrician | |
| | Dr Srinivas Porredy | Paediatrician | |
| | Dr Gajanan Purohit | Paediatrician | |
| | Dr Nital Patidar Khanna | Paediatrician | Dr. Patidar is a general paediatrician with special interests in newborn health and development, as well as developmental disorders such as ADHD, Autism Spectrum Disorder, and Isolated and Global Developmental Delays. She is skilled in performing developmental assessments, including the Griffiths III. |
| | Dr Sameer Pupala | Paediatrician & Neonatologist | |
| Dr Gajanan Purohit | Paediatrician | | |
| Perth Paediatrics | See listing under Central & Western Suburbs of Perth - Subiaco. | | |
| Roshni Healthcare | Dr Roshni Sonawane | Paediatrician | |
| Smart Paeds COCKBURN 9468 3622 admin@smartpaeds.com smartpaeds.com | Dr Mohammad Jehangir | Paediatrician | Referral only via website. They open their waitlist one day per month. Dates are published on their website. |
| | Dr Imali Yap Kulatunga | Paediatrician | |
| | Dr Amber Tahir | Paediatrician | |
| | Dr Cuila Gibson | Paediatrician | |
| | Dr Ankur Sharma | Paediatrician | |
| | Dr Mayank Dhamija | Paediatrician | |
| | Dr Arvind Sharma | Paediatrician | |
| St James Family Medical & St James Specialist (08) 9352 2910 info@stjamesfamilymedical.com.au Please provide GP referral initially. Additional supporting documentation is requested when the child is accepted onto the waitlist. Children turning 16 by the end of the year or older will not be accepted as neither paediatrician will commence care of patients 16 years +. | Dr Benedicta Itotoh | Paediatrician & Paediatric Allergist | Dr Itotoh does not treat patients with tic disorders. |
| | Dr Pratima Gulati | Paediatrician | Paediatric neurologist and developmental paediatrician. Dr Gulati does not conduct ASD assessments. Also available at Paeds West. |
| Wexford Kids 6317 9565 info@wexfordkids.com.au | Dr Alpana Kulkarni | Paediatrician | |

Midland

| Practice | Doctor | | |
|--|---------------------|---------------|--|
| Dr Richard Christie 9274 6982 | Dr Richard Christie | Paediatrician | May be able to confirm autism assessments. |
| Midland Child Development Centre 9250 0700 | Dr Sanjay Gehlot | Paediatrician | |

South West

| Practice | Doctor | | Notes |
|---|---------------------|---------------|--|
| Bunbury Paediatrics (08) 9791 7106 | Dr Barbara Ley | Paediatrician | Medical referrals only. Books closed for developmental and behavioural referrals. |
| | Dr Stephen Adams | Paediatrician | |
| Child Matters and Teen Matters BUSSELTON childmatters.com.au | | | Via Starbloom Paediatrics |
| (Dr) Harvey Graham 92722 1985 harveygrahampaed.reception@gmail.com | Dr Harvey Graham | Paediatrician | Books closed for developmental and behavioural referrals. Permanent south west residents only. |
| HOPE Clinic (08) 9774 3811 referrals@hopepaediatricclinic.com.au www.hopepaediatricbusselton.wordpress.com | Dr Anand Deshmukh | Paediatrician | |
| | Dr Archana Deshmukh | Paediatrician | |
| Mandurah Paediatrics / Nest Medical (08) 9534 8133 medical.reception@nestmedical.com.au | Dr Michelle Howell | Paediatrician | Medical referrals only. Books closed for developmental referrals. |
| (Dr) Mark Burrows (08) 9722 1963 reception@drmarkburrows.com.au | Dr Mark Burrows | Paediatrician | St John of God Hospital, Bunbury. |

Telehealth

| Practice | Doctor | | Notes |
|--|--------------------------|-----------------------------------|---|
| <u>CubCare</u> | | Paediatricians | Attention, Concentration and Hyperactivity Clinic from 5 to 16 years. |
| <u>Sage Clinic</u> | Dr Murugesh Nidyananda | Child and Adolescent Psychiatrist | New WA based telehealth psychiatry service providing ADHD and autism assessments as well as medication management for ages 6 years +. |
| | Dr Marie-Caroline Viebke | Psychiatrist | |
| <u>Evolve Psychiatric Services</u> | Dr Rajesh Harjai | Child and Adolescent Psychiatrist | Autism and ADHD assessments for children and adolescents aged 6 to 18 years. |
| <u>Nexia Healthcare</u> | | Psychiatrists | Autism and ADHD assessments for children and adults. |
| <u>Pandion Health</u> | | Psychiatrists | ADHD assessments for children and adults. |

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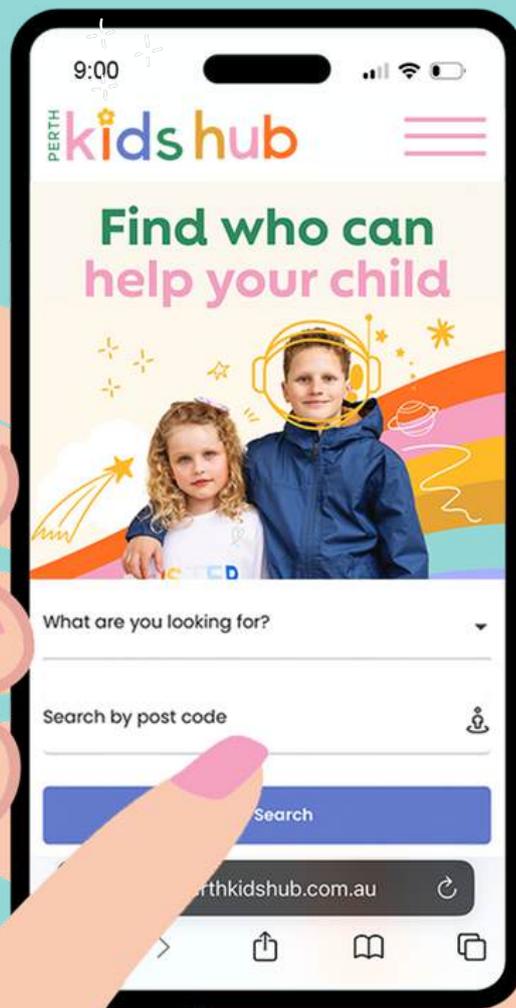
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